



An Important Safety Message from The Sports Department

Mouth Guards

As you may be aware, the governing bodies of rugby, hockey and lacrosse whose schools' International players are required to wear mouth guards, strongly recommend the wearing of CE approved custom fitting mouth guards at all levels. The school policy is to adhere to these guidelines. We have asked OPRO, the dental organisation that specialises in mouth guards, to visit the school and to give everyone the opportunity to have a **dentally fitted** mouth guard at a reasonable cost. Of course, you may choose to purchase a mouth guard from another supplier.

OPRO now visits a very substantial number of schools, and provides the following service;

- **A qualified dentist** to take the impression
- **A named mouth guard** usually delivered within a week of fitting
- **School name** in mouth guard
- **A prompt replacement** in case of loss - OPRO keep the model
- **A comprehensive aftercare service**
- **A dental accident warranty** for 12 months

Mouth guard fittings will take place at the school on **the Yr 7 Induction Day in July from 9.45am to 2.40pm for the new Year 7 in the Holyoak Room (as well as other year groups over lunch), and the first Wednesday in September from 12:30pm to 1:30pm in the Holyoak Room.**

In order to take advantage of this service all you need do is:

1. Go to www.opro.com to see the full range of designs available.
2. Place the order either over the internet, by phone or post.

In all cases please **deal directly with OPRO and not the school**

Whilst we are able to take order forms on the day of the fitting, this does cause inconvenience and may delay the delivery of the mouthguards, so can we urge you to reply as soon as possible. Please note we would need parental permission before a fitting would be authorised with OPRO.

If your child already has a mouthguard, please check if it fits. Your child's growth can prejudice the fitting and effectiveness of a mouthguard.

Mr A M KENWARD
Director of Sport
St. Olave's Grammar School