



Saint Olave's Grammar School

London 1571

Headteacher: A. Rees BSc.

14 September 2018

Ref:

Dear Parents/Carers

Bromley Wellbeing Counselling Service at St Olave's

This letter is to inform you that 'Bromley Y' provides an on-site Counselling Service on Tuesdays, Wednesdays and Thursdays at St Olave's School. Bromley Y is a long established local agency that runs the Bromley Wellbeing Service www.bromleywellbeingcyp.org for young people aged 0-18 within the Borough of Bromley. Bromley Wellbeing are members of the British Association of Counsellors and Psychotherapists (BACP). The aim is to provide a safe, friendly environment for students who are experiencing difficulties and would like to get some 'one to one' confidential support moving forwards.

There are two Wellbeing Practitioners on sight: Mark Sheldon who has been the Counsellor at St Olaves school since 2004, and Julie Barry who has joined the team this September.

There are various ways a student can be referred to counselling. Students can contact a counsellor directly by emailing msheldon@saintolaves.net or jbarry@saintolaves.net. Alternatively, if a student agrees, their Head of Year or another member of staff can make a referral on their behalf. Parents can also make a referral. Once this process has been completed, an appointment will be offered within two weeks usually. With appointments taking place during school time, every effort is made to avoid a student missing the same class in succession. Sixth Form students are often able to meet when they have a free/study period.

As the counselling is confidential, information will only be passed onto the school or to parents if a child is at risk or in danger or if the student gives permission. No pressure will be exerted on pupils to attend and they are free to end the counselling at any time.

If you wish to discuss this service being offered to your son/daughter during their time at St Olave's, please contact myself rmaxwe@saintolaves.net or Mr D J Budds, (Director of Sixth Form) dbudds@saintolaves.net

Yours faithfully

Rochelle Maxwell
Head of Pastoral 7-11



