

How to stay entertained over the Easter holidays?

Exercise



Wake up with some yoga. Downdogapp are offering free subscription (school email) or you can do YouTube classes (Yoga with Adriene or Yoga with Tim).



Other free home exercise workouts include Fitness Blender (body-weight), Popsugar Fitness (dance), The Body Coach (HIIT) and Athlean-X (strength) or Couch to 5k (running).

Learn



Use this time as a chance to up-skill yourself for the future. Free online courses can be found on FutureLearn, Massolit, Open University and Unifrog (MOOC section). This will look great when applying to university.



The other option is to learn a new language or revisit a language that you did at GCSE. The best platforms for this include Duolingo and for those who want to learn the basics, try Babbel.

Watch



BFI are currently offering a free 14 day trial to access their films. This can keep you occupied over the Easter break!



Every Thursday at 7pm, National Theatre are showing live performances on YouTube.

Andrew Lloyd Webber is releasing a series of familiar musicals each week to stream.

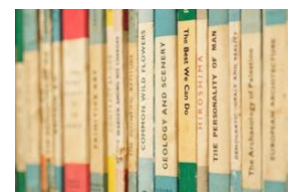
Read



To limit screen time, consider reading a physical book. Most bookstores are still delivering to households. Try to support your local businesses.



There are a number of classic novels available for free online including The Great Gatsby and Twelve Years a Slave.



Listen



Audible offer a 30 day free trial. You can download and listen to any book that is available on Amazon. Something nice to do while relaxing.



Artists are using social media to perform live performances whilst Boiler Room and Resident Advisor are hosting live DJ sets.

Social



Stay connected to friends and family through apps including Zoom, Houseparty, Google Hangouts, FaceTime and Skype.



Participate in events together including pub quizzes, video games or take a tour around some of the best galleries and museums in the world.



Make



If you can source the ingredients, then why not work on your culinary skills. Bread Ahead are running baking classes or you can simply search the internet for recipes for family meals.



Other hobbies to take up include drawing or painting (Let's Day Out app), learning a musical instrument or starting your own garden.

Use this time as an opportunity to up-skill yourself and explore your interests!